



SOUND OFF



Published Monthly by Williston Post 144 - American Legion
Commander - James T. Randle July 2023 Editor - Dan Roper

COMMANDER'S REPORT

Commander James Randle

New Legion Year Officers for 2023-2024

Commander James T. Randle,
First Vice Commander Bob Valentine,
Second Vice Commander Bob Guastella,
Third Vice Commander Frank Busa,
Adjutant Norm Jardine,
Treasurer -- (Bookkeeper) -- Bob Mitchell,
Judge Adjutant Don Sassano,
Sgt at Arms William Ost,
Chaplain Eric Spinner,
Historian James T. Randle,
Corresponding Adjutant Norm Jardine,
Trustees
Alan Reardon for two years,
Ray Cross for three years,
Jack Afonso for three years,
Bill Lorusso for two years,
Bob Guastella for one year

At Nassau County Convention at Massapequa Post 1066 Eric Spinner and I represented the post that night and we also attended the installation.

Nassau County Committee for 2023-2024

Commander Sean Hood,
First Division Vice Commander Dawn Samuel,
Second Division Vice Commander Arthur Pirozzi,
Third Division Vice Commander Ralph Casey,
(Post 144 is in the Third Division of the County.)
Adjutant Kerry Englander,
Treasurer Anthony L. Paternostro PCC,
Chaplain Eric Spinner
Historian James T. Randle
Sergeant -at-Arms Steven McManus PCC
Membership Chairperson Gregory Faling
Service Officer Ralph Esposito and Ed Aulman,
Arthur Pirozzi Second Division Vice Commander
is from Hugh C. Newman III Memorial Post 449 Farmingdale is Vietnam War era he served in the United

DATES TO REMEMBER

July 2	Sunday	Army air Corps Established(1926)
July 4	Tuesday	Independence Day Williston Park Parade
July 10	Monday	Executive Meeting 7:00 p.m.
July 19 ,20,21,22		American Legion -105th Annual Convention- Westchester,NY
July 13	Thursday	Williston Park Pool open for Legionnaires and Auxiliary 6:00 p.m.
July 20	Thursday	Post General Meeting 7:30 p.m.
July 20		Lunar Landing (1969)
July 21	Friday	Veterans Administration Created (1930)
July 23	Sunday	Parents' Day
July 23	Sunday	WAVES Naval Reserve Birthday
July 23	Sunday	AMVETS Day
July 27	Thursday	End of Korean War (1953)
July 28	Friday	World War I Began (1914)

States Army for two years, the US Air Force Reserves for two years and the US Navy Reserve for three years.

Timothy J. Collmer is runner for Department Commander 2023-2024 US Army and Army Reserves for 21 years the Daniel Goho Post 87 Dansville N.Y. Livingston County, 7th District.

Post News

Third Vice Commander Frank Busa and I attend Mineola High School Senior Awards Breakfast giving Good Citizenship Award to Ms. Bailey Jex. Frank also presented a Senior Good Citizenship Award to Tyler Wu of Herricks High School .

I want to thank Bob Valentine, Ray Cross and Frank Busa and all Legionnaires who attended the Flay Day Ceremony at Meadow Drive School.

I helped Auxiliary set up Girls State Tea orientation for eighteen girls and 8-40 meeting at the post.

Bob and Ruth Valentine Frank Busa and I attended the Auxiliary meeting in June. This was the last meeting for the Auxiliary till September. *(cont. next page)*

Next General Meeting - - Thursday, July 20th, 2023 at 7:30 P.M.

Commander's Report (cont. from p.1)

10th District President Ellen Randle and I are going to Department 105th Annual Convention in Westchester, NY. Wednesday July 19, till Saturday July 22. We are staying at the Westchester Marriot Hotel. At the General Meeting First Vice Commander Bob Valentine will run the meeting. I'm bringing two history books to the Department Historian Frank Carletta and another Committee of Historian to be judged. The 10th District and Nassau County, our post will not be finished in time.

On July 4, Tuesday, the parade meets at Broad and Syracuse Street. Williston Park Fire Department is running the Parade. It is starting at 9:30 a.m. Legionnaires wear white shirt and cap.

FunDay Monday starting on July 10, 10:00 a.m. at North Hempstead Beach (Bar Beach).

Williston Park Pool will open to all with no cost to Williston Post 144 Legionnaires and Auxiliary on Thursday, July 13. Bring your own food and drink and again on August 10th Thursday.

FLAGGING OF GRAVES FOR MEMORIAL DAY

Jack & Barbara Afonso - Co-ord Holy Rood and Nassau Knolls

Frank & Mary Ann Busa - St. Mary's

Rudy & Marie Jonak - St. Charles

Eric & Rosanne Spinner - Pine Lawn Memorial & New Montefiore

Bob & Mary Robesch - Bronx & Yonkers

Bob & Ruth Valentine - Locust Valley, St. Margaret, Queen of Peace

Joe & Barbara Dwyer - Maple Grove

Norm & Barry Jardine - Calvary

Vincent DeRosa & Thomas DiGiovanna - St. John's

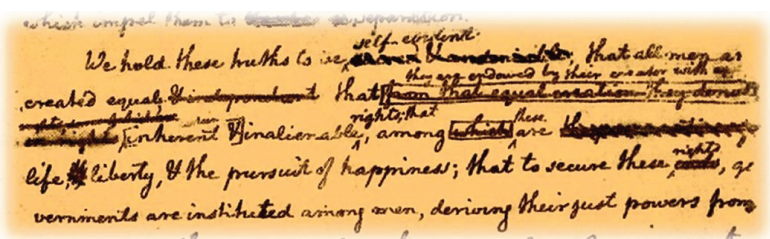


Memorial Day will always be a day that we honor our departed fellow Legionnaires. Thanks to all of the volunteers who helped fulfill this duty.

ON THE OCCASION OF INDEPENDENCE DAY...

From the desk of Chaplain Eric Spinner

One might ask, "Why is the Post Chaplain writing about July 4, 1776, an historical event?" In reality, nothing could be more appropriate as a topic, especially in our current climate where God is being obliterated from our daily lives. Our Founding Fathers gathered in Faneuil Hall in colonial Boston to compose one of the greatest documents of all time, our Declaration of Independence. This was the catalyst for our battle for independence from what was then the mightiest military and naval power in the world, England.



Final draft of the Declaration of Independence from English rule by our 1st Continental Congress. The final version was published by our Founding Fathers on July 4, 1776.

The image shows the second paragraph of the Declaration wherein the representatives of our founding nation indicated their belief in, fear of, and reverence for our Creator. At the end of the document, they signed following the words:

"We Mutually Pledge To Each Other Our Lives, Our Fortunes, And Our Sacred Honor."

All 56 signers put their lives on the line to preserve and protect the freedoms they felt were the God-given unalienable rights of all people. The closing of this nation's most important document embodies a sense of camaraderie and unity that is not only inspirational, but it justified the nation's bid for independence by portraying it as a real, united country... a concept that resonates in the soul of all Americans nearly two-and-a-half centuries later.

As we celebrate our origins as a nation, let us remember those who have given so much to preserve the freedoms we have known for 247 years. Perhaps in a time of great challenges, it is our duty to confront those who would relinquish these freedoms. We must remember that the words "God Bless America" are not merely words, but they must be an inspiration to maintain those rights given to us by our Creator who inspired our Independence.

NEWS FROM THE AUXILIARY

by Marilyn Bauman

On Tuesday, June 20th, we held our last meeting before the summer break.. The meeting was presided over by President Christine Horvath and we celebrated with a lovely cake, ½ white, ½ chocolate.

On May 26th a number of our Auxiliary members and Legionnaires attended the Veterans Day service at the Henry Viscardi School where the children sang to the veterans. Bob Valentine and Frank Busa demonstrated the proper way to fold the American flag. The veterans were given stars to write names of past veterans and were placed on a tree in the garden.

Christine announced that the Awards Dinner has been rescheduled for June 29th. Hopefully we will receive some awards for our hard work. We will find out in September. Be sure to attend.

Margo Bores, Wellness Ambassador, asked us to pick one exercise and do it 10 times each day until we meet again. Here are some to pick from:

Sit in a chair, cross arms over chest, stand up (without any aid) the aim is to see how many times you can do this in 30 seconds.

Sit in a chair, just lift your leg straight out.

Holding onto the back of a chair: lift one leg behind you, then lift the heel of the other foot.

For those of us who are always looking down - reading, on the computer, etc. - place a pillow behind your head and push back against it to strengthen the neck muscles.

Speaking of exercise: Margo is starting an exercise program, once again, at the Village Hall on Tuesdays at 9:45 AM starting on 9/12-12/19.

In the absence of Dianne Karl, Education Chair, Ellen Randle informed us that our unit had a scholarship winner once again. Department District was won by Mitchell Baltzer which included a \$1,000.00 award. Congratulations!!

Rita Hesse, Legislative Chair, informed us of a bill, HR 1413, which is Expanding America's National Cemeteries Act of 2023. The Department of Defense is proposing reducing the number of burials for Purple Heart, Silver Star, and higher in Arlington for WWII, Korea and Vietnam era.

Sally Mitchell, Poppy Chair reported that we did better this year in our poppy program. Thanks for all the hard work you have done for this program, Sally.

The Williston Street Fair is

scheduled for Sunday, September 17th. We still need scratch off Lottery Tickets for one of the prize boards. They can be sent to Ellen Randle. Phone number for address: Ellen - 516.270.6941.

We are planning a Chinese Auction on Saturday, October 14. We will need empty baskets and filled baskets for prizes. Please ask your local merchants for a donation to same. Let's make this a "true" fund raiser.

Our next meeting will be on Tuesday, September 19, starting at 7:00 p.m.

Please remember in thoughts and prayers: Dianne Karl who has been diagnosed with arthritis of the neck and is unable to lift her head at this time.

GOD BLESS AMERICA, OUR VETERANS
AND OUR SERVICE MEN AND WOMEN

AUXILIARY NEWS FOR CHILDREN AND YOUTH APRIL, 2023

Mary Ann Busa Chairperson, PCP

A member donated \$21.00 to St. Jude Children Research Hospital.

A member donated \$12.00 to Se. Joseph Indian School.

A member donated clothing and shoes to Big Brothers Big Sisters of Long Island.

A member donated diapers and baby wipes. I donated them to Momma's House.

I gave a citizenship award to a Herricks High School Student.

I want to thank all the ALA members for their help each year. Without the help of ALA members Children and Youth program will not be a success. Thank you so much for your help.



Thanks to St. Aidan's Parish School for the honors shown to veterans for Memorial Day. Their program was both enjoyable and inspiring.

HAPPENING AROUND THE POST



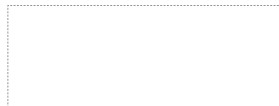
Always up for a good parade.....Ed Steck greets the marchers on Memorial Day



Commander James T. Randle (l.) and Children and Youth Chairman PC Frank Busa present Mineola High School student Ms. Bailey Jex with American Legion Citizenship Award. Proud mom looks on.



Nassau County Commander Sean Hood and Auxiliary President Kathleen Murphy will serve the county for 2023-2024. Chaplain Eric Spinner and Commander James Randle attended the Committee meeting



RETURN SERVICE REQUESTED



**WILLISTON POST 144 - AMERICAN LEGION
PO BOX 1
WILLISTON PARK, NEW YORK 11596**

Non-Profit
U.S. Postage
PAID
Williston Park, NY
11596
Permit No. 3