



SOUND OFF



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COMMANDER'S REPORT

Commander James Randle

Hello Legion Family

Different generations may find it difficult to communicate effectively due to their varying communication preferences and perceptions. This article will examine intergenerational communication dynamics and how they impact perception.

It is important to note that each generation's unique experiences and societal trends shape their perception, resulting in different communication styles for different age groups. Baby boomers favor face-to-face communication, which fosters interpersonal bonding and structured serendipity. Millennials, however, prefer instant communication, such as text messages and social media.

When considering face-to-face communication, it is important to consider its benefits, such as collaboration, innovation, shared company culture and community dedication. This type of communication may not be suitable in situations where an immediate outcome is necessary or waiting for a result is expected.

Formal communication, such as applying for a job, issuing a complaint, expressing interest in a job position, or thinking about someone, can be achieved through letters. Telephone communication is ideal for situations requiring an individualized touch, such as apologies, lengthy explanations, or urgent matters.

Email creates a record of communication, provides logistical coordination, and serves as an effective tool to recap face-to-face telephone conversations. Text messages are ideal for quick actions, such as announcing a sale or sending a brief message.

Social media has gained popularity among millennials and Gen Z, providing more control over conversations and enhancing relationship-building.

In summary, intergenerational communication can be challenging due to different communication styles and preferences. It is crucial to comprehend the benefits and appropriate use of various communication channels—face-to-face, letters, telephone, email, text messaging and newsletters "Sound Off" and social media—to help bridge the gap between generations, leading to more effective communication and collaboration. *cont. on next page*

DATES TO REMEMBER

April 1	Saturday	April Fools' Day
April 2	Sunday	Palm Sunday
April 5	Wednesday	Passover Begins at Sundown
April 5	Wednesday	Gold Star Spouses Day
April 6	Thursday	Holy Thursday
April 6	Thursday	Army Day
April 7	Friday	Good Friday
April 8	Saturday	Holy Saturday
April 9	Sunday	Easter
April 9	Sunday	National Former Prisoner of War Recognition Day
April 10	Monday	Executive Meeting 7:00 pm
April 11	Tuesday	Persian Gulf War Official Cease Fire (1991)
April 13	Thursday	Passover Ends At Sundown
April 13	Thursday	Air Force Reserve Birthday
April 17	Sunday	Orthodox Easter
April 17	Monday	U.S. Holocaust Day of Remembrance
April 18	Tuesday	Auxiliary Unit Meeting 7:00 pm
April 18	Tuesday	Tax Day
April 18	Tuesday	The Doolittle Raid (1942)
April 20	Thursday	Post General Meeting 7:30 pm
April 21	Friday	Ramadan Ends
April 22	Saturday	Earth Day
April 23	Sunday	Army Reserve Birthday
April 28	Friday	Arbor Day
April 30	Sunday	Fall of Saigon (1975)

Make a "Buddy Check"

The American Legion encourages all Legionnaires to make "Buddy Checks" on any Legionnaire who has been ill or who hasn't been around the post in a while. Reaching out to each other can be a very important social contact that helps Legionnaires know that others care about welfare.

Next General Meeting - - Thursday, April 20th, 2023 at 7:30PM

Commander's Report (continued from p. 1)

Post 144 has lost 29-year Legionnaire, Andy Del Vecchio. Post held a Legion Ceremony for Andy at Weigand Brothers Funeral Home in Williston Park on Sunday, 19 March, at 19:00. Andrew T. Del Vecchio faithfully and honorably executed his duties to our nation during the Korean War as an infantryman with the Army's 40th Infantry Division. He served from the time of his enlistment in 1953 until his honorable discharge as Sergeant in 1955.

I want to thank 2nd Vice Commander Bob Guastella for the calls to Legionnaires, First Vice Commander Bob Valentine and Chaplain Eric Spinner for Legion Service for Andy DelVecchio.

Thanks to First Vice Commander Bob Valentine for running the General Meeting.

Chairman and Trustee Ray Cross, Jack Afonso PC and Bill Lorusso are looking into a Public Access Defibrillation "AED". A member has to successfully complete a training course in the operation of an AED



Sean Hood running for Nassau County High Office of "Commander"

approved by a nationally-recognized organization or the state emergency medical service council.

Our Annual Blood Drive is at The Post on May 9th, Tuesday 2:00pm until 8:00pm.

Legionnaires, this month the Auxiliary Unit is invited to our

General Meeting on April 20, Thursday, 7:30pm.

The American Legion Birthday was Wednesday March 15. Members of the American Expeditionary Forces gathered in Paris March 15-17, 1919, for a "morale conference" that led to the creation of what would become



Dawn Samuel running for First Vice Commander for Nassau County Committee

The American Legion. Only three hundred troops were expected to attend. Officially, 436 registered. Some have estimated 1,000 came and went, with or without orders, during the weekend that launched 104 years of service to community, state and nation. The American Legion Nation Headquarters is in Indianapolis.

Nassau County will be having its 104th Convention Call at the Massapequa post.



Kerry Englander running for Nassau County Adjutant

Victor Murtha Post 972 asks for an endorsement at the Nassau County Convention (June 3, 2023, Saturday, 9:00am, Massapequa Post 1066) for Legion Year 2023-2024 for Sean Hood for Nassau County

Committee for High Office of "Commander".

Malverne Post 44 endorses Dawn Samuel for the High Office for "First Division Vice Commander" Nassau County Committee for the Legion Year 2023-2024.

Levittown Post 1711 endorses Kerry Englander for the High Office of Nassau County Committee for "Adjutant" for the Legion Year 2023-2024.



Anthony L. Paternostro running for Nassau County Treasurer

Charles Wagner Post 421 endorses Anthony L. Paternostro for High Office of Nassau County Committee for "Treasurer" for the Legion Year 2023-2024.

The National Commander Vincent J. "Jim" Troiola sent Certificate of Continuous Membership for Rosario Campo 60 Years and Robert D. Asbury 50 Years and Daniel E. Foley for 50 Years and Steven J. Hurley for 50 Years and Richard Santopetro for 50 Years Attest by Daniel S Wheeler National Adjutant on 15th day of March, 2023.

NEWS FROM THE AUXILIARY

by Marilyn Bauman

Our March 21st meeting was presided over by President Christine Horvath. Everyone in attendance enjoyed a shamrock cake and brownies. Thanks to the bakers, Chris and Ellen.

Emergency Fund Chair, Sue Otto, announced that we have raised \$1,620 for this fund.

I see another award in Sue's future. Thanks to everyone who contributed to this worthy cause.

Margo Bores, Chaplain and Wellness Ambassador, handed out flyers with breast self-examination information. Thanks for making us all aware of what to do and in the proper way.

Mary Ann Busa, Children & Youth Chair is asking for donations of toys, clothes and paper goods (toilet paper and/or paper towels) for the April Baby Shower. Call Mary Ann for further info: 516.741.0493.

Dianne Karl, Education Chair, will be collecting school supplies from now on. These items include: cloth zippered pencil cases (no plastic), Elmer's glue 4 oz., glue sticks, crayons 24 & 48 ct., pencils, small pencil sharpeners blue and/or black pens, colored pencils, highlighters, large erasers, 6" & 12" rulers with standard and metric markings, markers, scissors (pointed), construction paper, spiral notebooks (1, 3, & 5 subjects), 3x5" index cards. (516.746.2625 for additional information).

Dianne is also still collecting food for the Henry Viscardi School - pasta, mac & cheese, juice boxes, etc.

Rita Hesse, Legislative Chair reported on how our military and veterans are having problems with food assistance.

Another problem is very evident as now I report that Pat Lorusso, National Security Chair, is still collecting feminine items to be sent to our women in the military. Seems as though our Government is not providing for them as well. The full list of items can be found in the last couple of Sound Off's. Please refer to them or call Pat at 516.747.6176 for a full list of items.

The Poppies are in, as reported by Poppy Chair Sally Mitchell. She will be making the corsages at home but asked if the members, at the next meeting, could stuff envelopes to be sent out to the neighborhood for donations back to us. Doesn't take long with many hands, so please come and help out.

Both Chris and Ellen reminded everyone that we need to have reservations for the Bottle Bingo by April 10th for this to come to fruition. We had to cancel last year because of lack of response, please don't let that happen again. The info is as follows: Saturday, April 15, 2 - 5 PM. Cost \$15.00 which includes 1 Bingo Board and one set of specials, snacks, coffee, tea and cake. Ellen Randle can be reached at 516.270.6941

VA&R Chair, Marilyn Bauman, will once again be collecting items for the L.I. State Veterans Home, Stony

Brook, at the next meeting. Items needed: Find a Word Books, adult coloring books, colored pencils, markers or crayons, new jig-saw puzzles, lap robes, playing cards. This will be the last time I am collecting until October for my November trip out there. Thanks in advance. They all enjoy the items we bring.

I realize that we are asking for a great deal of donations to be made, however, these are all VERY GOOD CAUSES. PLEASE HELP OUT WHEREVER YOU CAN. ONE OR TWO ITEMS TO EACH ARE ALWAYS WELCOME. YOU DON'T HAVE TO SPEND A GREAT AMOUNT ON EACH CAUSE. THANK YOU!!

THINGS TO REMEMBER:

OUR NEXT MEETING - TUESDAY, APRIL 18,
STARTING AT 7:00 PM

BABY ITEMS - SEE PHONE # ABOVE FOR INFO

SCHOOL SUPPLIES - SEE ABOVE ARTICLE & PHONE #
ABOVE

ITEMS FOR OUR WOMEN IN THE MILITARY - INFO
ABOVE

BOTTLE BINGO RESERVATIONS NEEDED -
SEE ABOVE

ITEMS FOR THE VETERANS AT STONY BROOK

GOD BLESS AMERICA, OUR VETERANS

AUXILIARY NEWS FOR CHILDREN AND YOUTH MARCH, 2023

Mary Ann Busa Chairperson, PCP

A member donated \$12.00 to St. Joseph's Indian School. The funds are used to educate and provide housing for over 200 Lakota Sioux Children each year. Donated \$15.0 for food, juice and milk for an Indian child at St. Labre Indian School. Donated \$20.00 to St. Jude's Research Hospital.

A member donated \$50.00 to St. Jude Children's Hospital.

A member donated \$50.00 to Shriners Hospital for Children.

A member donated one bag of clothing to Big Brothers Big Sisters of Long Island.

EGS: We reached our quota for Empire Girls State. Fifteen girls are going to the program in July.

April is children and youth month. We will have our baby shower. I will be collecting clothing, diapers and other items to donate to the organizations we deal with.

I WANT TO THANK THE ALA MEMBERS FOR THEIR GENEROUS DONATIONS. WITHOUT YOUR HELP THE CHILDREN AND YOUTH PROGRAM WOULD NOT BE A SUCCESS.

HAPPENING AROUND THE POST



Supporting Our Community.....Post 144 Commander James Randle can't resist a good pancake breakfast, especially if it supports Scouting. Thanks to Commander Randle and Auxiliary member Ellen Randle along with Albertson Troop leader Jeff Helgeson and the Albertson Fire Department for their contributions to the community.

MEMORIAL DAY VOLUNTEERS NEEDED

Memorial Day will be upon us soon. The post will need volunteers to the flag graves at Holy Rood Cemetery and several others. Please call the post at 516-746-1958 or Jack Afonso at 516-741-0539. Holy Rood will be flagged on May 25, at 9:00 AM. Let's not let any vet be forgotten.

SUPPORTING GIRL SCOUTS

Our post was honored by assisting Grace Pizzardi, a sophomore at Bishop Kellenberg High School in East Meadow. Grace is a Girl Scout from Troop #1460 in Mineola who completed an extensive project with our post and achieved her goal of Gold Scout (equivalent of Eagle Award). The following post members volunteered to participate and be interviewed:

Pete Antonicelli
Barry Jardine
Norm Jardine
James Randle
Andy DelVecchio
Ray Cross
Frank Busa
Eric Spinner

Tom Rumore
Bob Fullam
George Despirito
Steven Hurley
Bob Langenbach
Mike Kolinski
Bob Mitchell



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